



BREAKFAST MENU

MAIN PLATES

Autumn Bliss Parfait \$13

Apple, strawberry compote, plain yogurt, granola, honey, chia seeds

Avocado Sunrise \$19

Crushed avocado, tomato, onion, spring mix chiffonade, egg salad, garlic aioli

Up North Brunch \$22

Salmon mousse, onion, capers, lemon, dill, cucumber relish
Choice of wheat or white bread

Oat Orchard \$13

Apple, raisin, cinnamon, brown sugar syrup, cream, nutmeg

Tropical Indulgence \$15

Assorted local fruit mix, mint syrup, plain yogurt

Brioche Bliss \$20

Amaretto cream sauce, caramel sauce, cinnamon sugar, powdered sugar, strawberry

Flippin' Delicious Cakes \$15

Vanilla pancakes, honey butter dollop, powder sugar, maple syrup

Additional \$3 flavors chocolate chip, blueberry, coconut,

Reef N Range Bowl \$26

Smoked chorizo, bacon, shrimp, onion, peppers, potato, tomato, yellow grits

Burrito Sunrise \$18

Scramble egg, bacon, ham, tomato, spinach, avocado spread, cheese blend, potato, salsa

Steak N Eggs \$36

6oz cab strip, soft scrambled eggs, grilled tomato, mushroom, garlic herb aioli, toasted flat bread

Breakfast Sandwich \$17

Choice of white, wheat bread or croissant (\$1 extra)
Choice of protein: sausage, bacon, ham, turkey, vegan breakfast sausage
2 egg omelette, lettuce, tomato, cheddar cheese

3 Eggs Any Style \$19

Scrambled, sunny side up, over easy, medium, hard, fried, poached, boiled
Served with choice of ham, bacon, or sausage; and wheat or white toast, grits, potatoes, fruit

OMELETS

Ham & Cheese \$15

All De Meat Omelet \$18

Onion, bacon, sausage, ham, cheese

Salt Life Omelet \$20

Onion, tomato, pepper, smoked salmon, shrimp, cheese

Spanish Omelet \$15

Onion, mushroom, potato, pepper, tomato

Custom Omelet

Choose from the following:

Onion, pepper, mushroom, tomato, cabbage, spinach, ham, bacon, sausage, turkey, shrimp, salmon, cheese

Berl' Fish \$48

Fresh caught fish simmered in a buttery savory stock with local vegetables, citrus & spices
Served with johnny cake or yellow grits and pepper sauce

SIDES

Potatoes \$10

Grits \$3

Toast \$3

