breakfast menu

PALAPA
RESTAURANT

Signature Plates

served with herb breakfast potatoes

PALAPA BENEDICT 20
toasted english muffin, wilted spinach, poached eggs, hollandaise, pickled onions
add smoked ham +2 | smoked salmon +9 | lobster mp (s)

SUNRISE BREAKFAST SANDWICH 21
two fried eggs, cheddar, tomato jam, on toasted white brioche
choice of bacon, sausage, ham, or turkey

BREAKFAST QUESADILLA 22 (V)
egg whites, wilted spinach, cheddar, avocado spread, roasted peppers, roasted tomato salsa, avocado crema

PALAPA BREAKFAST BOWL 28 (S)
smoked chorizo, shrimp, peppers, onions, herb breakfast potatoes, yellow grits, two eggs any style

PALAPA BREAKFAST PLATE 19
two eggs any style, choice of bacon, ham, or sausage, with one breakfast accompaniment
choice of herb breakfast potatoes, yellow grits, fresh tropical fruit, or toast

Bahamian Favorites

BAHAMIAN STEW FISH 38
fresh catch simmered in a rich tomato stew with potatoes, onions, and island herbs
choice of johnny cake or yellow grits

BAHAMIAN CORNED BEEF BOWL 20
savory corned beef sautéed with onions, served over creamy yellow grits

Breakfast Add-Ons

PROTEINS
bacon 6 | ham 6 | sausage 6 | shrimp 6
smoked salmon 8 | lobster mp (S)

EGGS
two eggs any style 5

FRESH ADDITIONS
avocado 4 | fresh tropical fruit 7 | warm blueberry compote 4

SIDES & BAKERY
johnny cake 4 | herb breakfast potatoes 6
yellow grits 4 | cheesy grits 6
white brioche 3 | rye 3 | wheat 3 | sourdough 3
white bagel 4 | croissant 4

Omelets

served with your choice of herb breakfast potatoes, yellow grits, fresh tropical fruit, or toast

CLASSIC HAM & CHEESE 20
diced ham, cheese

THE BUTCHER'S OMELET 25
ham, bacon, sausage, onions, cheese

COASTAL CATCH OMELET 26 (S)
shrimp, peppers, onions, tomatoes, cheese
add smoked salmon +8

SPANISH GARDEN OMELET 20 (V)
mushrooms, potatoes, tomatoes, onions, peppers, cheese

PALAPA YOUR WAY 18 (V)
cheese and choice of up to three vegetables
onions | peppers | mushrooms | spinach | tomatoes

OMELET PROTEIN ADDITIONS
ham +3 | bacon +3 | sausage +3
shrimp +5 | smoked salmon +6

Sweet Breakfasts

ISLAND BRIOCHE FRENCH TOAST 24 (V,N)
caramel sauce, frangelico whipped cream, candied walnut crumble, tropical fruit brunoise

PALAPA PANCAKES 20 (V,N)
buttermilk pancakes, maple syrup, tropical fruit, candied walnuts, whipped brown sugar cinnamon butter
add chocolate chips +3 | blueberries +3

Light & Fresh

AVOCADO SUNRISE TOAST 22 (V)
smashed avocado, pickled red onions, marinated tomatoes, boiled egg, toasted sesame seeds, toasted sourdough
add smoked salmon +8 | lobster mp (S)

SMOKED SALMON BAGEL 24
toasted white bagel, smoked salmon, whipped herb cream cheese, pickled red onions, capers, tomatoes

TROPICAL YOGURT PARFAIT 18 (V,N)
greek yogurt, tropical fruit, honey granola, chia seeds, candied walnuts

ISLAND OAT BOWL 15 (V,N)
apples, raisins, cinnamon, candied walnuts

DAILY PASTRY BASKET 21 (V)
chef's daily selection of pastries, croissants, butter, and preserves

V Vegetarian • VG Vegan • D Dairy • GF Gluten Friendly • S Shellfish • N Nuts



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