

THE
SEASTARSPA™
MENU



GRAND ISLE
RESORT

Open daily 9am- 5pm 242.358.5000 x 266 GrandIsleResort.com/spa

INDULGE - RELAX - REJUVENATE

Our intimate SeaStar Spa imports the finest ingredients the ocean has to offer for your skin and body allowing you to indulge, relax and rejuvenate. The Spa recreates the art of marine healing in order to restore balance through innovative skin and body care treatments. Elemis spa therapies work in natural synergy with the skin, mind and body to create long-term results for those seeking solutions to overall well-being.

SeaStar Spa treatments are available seven days a week between 9 a.m. and 5 p.m. Advanced reservations for appointments are highly recommended. After-hour treatments can be requested, however, arrangements usually need to be made in advance. If you wish to enjoy Spa services in the privacy of your villa, on the beach or pool this can also be arranged.

MASSAGES

FACIALS

BODY TREATMENTS

PACKAGES

NAIL TREATMENTS

WAXING

CHILDREN'S SPA

PREPARING FOR YOUR SPA EXPERIENCE

HOURS OF OPERATION

The SeaStar Spa is open from 9:00am to 5:00pm daily. Extended hours may be available upon request.

APPOINTMENTS

Appointments are recommended. Please contact the Concierge or stop by the Spa to schedule a treatment. Advanced appointments are accepted up to 30 days prior to the appointment.

ARRIVAL TIME

We ask that guests arrive at the Spa 15 minutes prior to their appointment to ensure the full treatment can be performed and enjoyed.

CANCELLATION POLICY

If you wish to cancel your appointment, please notify us at least four hours in advance to avoid being charged the full price for your treatment.

SPECIAL EVENTS

The SeaStar Spa is happy to offer pampering for any special event. If you are interested in reserving treatments for a large party, please contact us at 242 .358.5000, ext. 266 and we will be happy to assist you.

Please note: A 15% gratuity is automatically added for your convenience.
All in-villa treatments are subject to a service charge .
Service prices and offerings are subject to change without notice.



MASSAGES

SEASTAR LAVA SHELL

50 minutes **\$130** - 80 minutes **\$180**

For the ultimate calming massage, our SeaStar Lava Shell treatment is the soothing solution. The therapist glides the smoothly polished marine seashells over the palms, arms, neck and shoulder area, while focusing on key pressure points. Deep tissue work on tension areas in the shoulders, back and feet, easing muscle tension, knots and stress points, unblocking energy flow and bringing balance to body, mind and spirit.

SCENTS OF SERENITY

50 minutes **\$170** - 80 minutes **\$160**

This massage has been designed to achieve ultimate relaxation for a healthier you. The Swedish style Scents of Serenity massage is a powerful therapy to improve circulation, joint range of motion and flexibility. It can reduce many common ailments such as stress, muscle tightness, aches and pains.

EXUMA BEAUTY

50 minutes **\$120** - 80 minutes **\$170**

A combination of massage techniques, including acupressure, reflexology, aromatherapy and Swedish, the treatment also includes deep tissue massage to relax stubborn knots. Combining pressure point techniques, along with folding, kneading and long gliding strokes, this treatment is also an excellent choice for sports injuries inducing you into the deeply relaxed Exuma state of mind.

HEALING MASSAGE

50 minutes **\$125** - 80 minutes **\$175**

Developed to help athletes prepare their bodies for optimal performance before or recovery after a big event, this massage emphasizes prevention and healing of injuries to the muscles and tendons. People with injuries, chronic pain or restricted range of motion also benefit. Your massage therapist will concentrate on specific desired areas during your session.

DEEP TISSUE

50 minutes **\$130** - 80 minutes **\$180**

Focusing on deeper tissue structures of the muscle and connective tissue, this massage incorporate many of the techniques of Swedish massage, but the pressure is applied more intensely as the therapist works to release chronic muscle tension and knots, providing a feeling of total relaxation afterward.

NECK AND SHOULDER

25 minutes **\$75** - 50 minutes **\$105**

This massage is a great way to kick off your time on the island. In today's busy world we often carry stress in our neck and shoulders. Treat yourself to this luxurious massage to feel your tensions melt away.

PRIVATE IN-VILLA MASSAGE

Regular rate + **\$30** service fee

Indulge in a relaxing massage in the privacy of your own villa. Select from any of our massage offerings by simply adding \$30 service fee.

TIMES TWO

Relax and unwind together while each one benefits from the therapeutic results of their chosen massage.

FACIALS

VISIBLE BRILLIANCE \$140

Rejuvenate and brighten the skin with an anti-aging face and eye treatment that instantly firms and plumps the skin while reducing dark circles from around the eye contour. (Clinically proven: moisture levels of the skin are proven to increase by up to 61% and elasticity by 40% after just one treatment.)

TRI-ENZYME \$165

Detoxify and smooth the skin. This anti-aging facial utilizes three targeted enzyme serums to instantly resurface and smooth the skin. This unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines to reveal a younger looking skin. (Clinically proven: visibly resurface the skin by up to 75% and increase skin smoothness by up to 32% after just one treatment.)

PRO-COLLAGEN QUARTZ LIFT \$155

Using the Signature Elemis Pro-Collagen line and specialized lifting massage techniques, this facial protects against the signs of aging, reduces the appearance of fine lines and wrinkles; and restructures the eye contour. This advanced anti-aging facial is clinically proven to reduce the number of wrinkles and improve skin firmness after just one treatment!

REFRESHER \$75

A deep cleansing introductory facial which refines and mineralizes dull lifeless skin to a healthy glow.

BACK \$85

Ensure your back is as gorgeous as your face. The back facial will leave your skin smooth and banish unsightly blemishes and redness. It is formulated to clarify, cleanse and soften the skin of the back

BODY TREATMENTS

ISLAND LIME & GINGER SALT GLOW \$110

Invigorate and revitalize the body with this exotic exfoliation ritual. After a light body brushing, warm oil is dripped slowly over the body before the Elemis Island Lime and ginger Salt Glow is applied. Your skin is deeply cleansed and moisturized leaving it glowing, replenished and flawless.

EXUMA COCONUT RUB \$110

Reveal softer glowing skin with gently exfoliating coconut husks and ground coconut in a creamy moisturizing full body scrub. The treatment leaves your skin deliciously fragranced with the scent of the tropics.

FRAGIPANI SALT GLOW \$110

Fragipani is an intoxicating aroma and its petals and essential oils strip away dead skin cells to reveal smoother, softer skin. This body scrub will leave you refreshed and glowing all over while improving the evenness while extending the length of your tan.

OCEAN DETOX AND CELLULOSE AROMA WRAP / ADD ON

Single treatment **\$150** - Four treatment package **\$540**

Our full body moisturizing massage is a great add-on to any full body scrub or wrap. It provides gentle yet powerful rehydration strengthening and conditioning dry skin. Ultimately leading to softer skin that radiates a healthy glow.

PACKAGES

EXUMA AWAKENING \$385

Men, this one's for you ...Ultimate Sports Massage; Tri-Enzyme Facial; Spa Manicure & Pedicure and enjoy a FREE Feet Fixation Massage.

HEAVEN SCENT \$345

For those who want to glow... Exotic Lime & Ginger Salt Glow body treatment; Visible Brilliance Facial; Spa Manicure & Pedicure plus a FREE Neck & Shoulder massage.

SEASTAR ULTIMATE ESCAPE \$400

Choose this package for a truly tropical experience ...Cellulox Aroma Spa Ocean Detox Wrap; Signature Hot Lava Shell Massage; Island Spice Manicure & Pedicure; and a FREE Refresher Facial.

COUPLES

SIMPLY DIVINE \$560

80-Minute Hot Lava Shell side-by-side massage; warm paraffin hand treatments; Refresher Facials; and a FREE bottle of champagne.

ULTIMATE ISLAND BLISS \$700

Full Body Coconut Rub; Scents of Serenity Massages; Island Spice Manicures & Pedicures; and FREE Refresher Facials and glasses of champagne.

NAIL TREATMENTS

Spa Manicure

30 minutes | \$40

Island Spice Manicure

45 minutes | \$55

Spa Pedicure

45 minutes | \$55

Island Spice Pedicure

60 minutes | \$65

French Polish \$15

Polish Change \$10

Gelish Polish Upgrade \$20

Gelish Polish Change \$25

Gel Acrylic Soak Off \$15

WAXING

Brows \$20

Underarm \$25

Lip \$15

Full Arm \$50

Chin \$20

Half Arm \$35

Bikini \$45

Full Back \$70

Full Leg \$85

Half Back \$35

Half Leg \$60

Chest \$60

Stomach \$30

Brazilian \$75

HAIR BRAIDING

HAIR BRAIDING PER BRAID/ROW \$5

Your choice of colorful beads included!

CHILDREN'S SPA

For children ages 12 & under

MINI MANI 30 minutes \$25

MINI PEDI 45 minutes \$45

Includes a scoop of ice cream!

Choose your scent & watch it fizz! Our Mini Me! Mani & Pedi come with one scoop of Me! Bath luxury scents!

GOT TO HAVE IT MASSAGE 30 minutes \$65

PURITY FACIAL 35 minutes \$75

HAIR BRAIDING PER BRAID/ROW \$5

Your choice of colorful beads included!

PRICE LIST

NAIL TREATMENTS

- SPA MANICURE 30 minutes \$40
- ISLAND SPA MANICURE 45 minutes \$55
- SPA PEDICURE 45 MINUTES \$55
- ISLAND SPA PEDICURE 60 minutes \$65
- FRENCH POLISH \$15 **ADDITIONAL CHARGE**
- POLISH CHANGE \$10
- GELISH POLISH UPGRADE \$20
- GELISH POLISH CHANGE \$25
- GEL / ACRYLIC SOAK OFF \$15

WAXING

- | | |
|----------------|----------------|
| BROWS \$20 | UNDER ARM \$25 |
| LIP \$15 | FULL ARM \$50 |
| CHIN \$20 | HALF ARM \$35 |
| BIKINI \$45 | FULL BACK \$70 |
| BRAZILIAN \$75 | HALF BACK \$35 |
| FULL LEG \$85 | CHEST \$60 |
| HALF LEG \$60 | STOMACH \$30 |

MASSAGES

SIGNATURE LAVA SHELL 50 minutes \$130 - 80 minutes \$180

SCENTS OF SERENITY 50 minutes \$110 - 80 minutes \$160

EXUMA BEAUTY 50 minutes \$120 - 80 minutes \$170

ULTIMATE SPORTS MASSAGE 50 minutes \$125 - 80 minutes \$175

DEEP TISSUE 50 minutes \$130 - 80 minutes \$180

FEET FIXATION 25 minutes \$70 - 50 minutes \$100

NECK & SHOULDER 25 minutes \$75 - 50 minutes \$105

COUPLES PACKAGES

IN VILLA SERVICES +\$30 SERVICE FEE

MAKE ANY MASSAGE A COUPLE'S MASSAGE

FOR 10% OFF THE REGULAR PRICE!

FACIALS

VISIBLE BRILLIANCE \$140

TRI-ENZYME \$165

PRO-COLLAGEN QUARTZ LIFT \$155

REFRESHER \$75

BACK \$85

BODY TREATMENTS

EXOTIC LIME & GINGER SALT GLOW \$110

FULL BODY COCONUT RUB \$110

FRANGIPANI SALT GLOW \$110

CELLUTOX AROMA SPA DETOX WRAP \$150

MUSCLE EASE AROMA SPA WRAP \$150

DOUBLE TREATMENT \$270

4 TREATMENT PACKAGE \$540

ADD ONE MOISTURIZING MASSAGE \$75

PACKAGES

EXUMA AWAKENING \$210

HEAVEN SCENT \$245

SEASTAR ULTIMATE ESCAPE \$270

COUPLES

SIMPLY DIVINE \$110

ULTIMATE ISLAND BLISS \$240

SPA PACKAGES

EXUMA AWAKENING

Ultimate Sports Massage; Tri-Enzyme Facial; Spa Manicure & Pedicure and enjoy a free Feet Fixation Massage. **\$385**

HEAVEN SCENT

Exotic Lime & Ginger Salt Glow body treatment; Visible Brilliance Facial; Spa Manicure & Pedicure plus a free Neck & Shoulder massage. **\$345**

SEA STAR ULTIMATE ESCAPE

Cellulox Aroma Spa Ocean Detox Wrap; Signature Hot Lava Shell Massage; Island Spice Manicure & Pedicure; and a free Refresher Facial. **\$400**

COUPLES | SIMPLY DIVINE

80-Minute Hot Lava Shell side-by-side massage; warm paraffin hand treatments; Refresher Facials; and a free bottle of champagne. **\$560**

COUPLES | ULTIMATE ISLAND BLISS

Full Body Coconut Rub; Scents of Serenity Massages; Island Spice Manicures & Pedicures; and free Refresher Facials and glasses of champagne. **\$700**